

About us



The teacher

Beppe Mokuza Signoritti is a Zen monk belonging to the Soto Zen Buddhism tradition, disciple of master Roland Yuno Rech. For 30 years he has been dedicating himself to Sumi-e and Zen meditation, combining the two practices in a unique way. He exhibits his works, holds conferences and gives demonstrations throughout Europe. He is the spiritual guide of the Bodai Dojo (Italy) and the Dōji Zengroep, located in Haarlem. Instagram @beppemokuza

International Sumi-e School

Beppe Mokuza founded in 2019 the International Sumi-e School based in France. Over 4 years, students gain a deep understanding of the method and master the Four Gentlemen - bamboo, orchid, plum tree and chrysanthemum. At the end of the course, students receive a professional diploma and can start teaching Sumi-e. www.ecole.sumi-e.fr

Not for profit project

All proceeds from this workshop will be donated towards the construction of an international Zen temple located in Costigliole d'Asti in Northern Italy. This temple will be used to host retreats and share the practice of Zen Buddhism and Sumi-e. Instagram @zen.temple.gyogenji

Contact us

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“
*In the outer world
take Creation as a model,
in the inner world
follow the source of your soul*”

www.sumi-e.nl

Sumi-e Painting & Zen Meditation Workshop



6 - 11 June 2023

led by Zen & Sumi-e master
Beppe Mokuza Signoritti

Sufi Temple
Katwijk aan Zee
The Netherlands

www.sumi-e.nl

Sumi-e

Sumi means black ink, e means painting. This method of painting was introduced to Japan by Zen monks about eight centuries ago. It is an expressive art style in which reality is reduced to its pure, essential form. Students work in harmony, to refine their sensitivity and creativity, in a calm and silent atmosphere. Sumi-e is not about competing for a result, but rather about patient and benevolent work towards oneself.

Zazen

Za means to sit, Zen means meditation, truth. Zazen reveals the pure and original spirit that exists in each of us, which is often obscured by our thoughts and emotions. Zen is not opposed to any religion or personal belief. It helps us to find a deep and natural faith in what unites us to other living beings.

Please note that meditation is not mandatory. If you would like to join us for meditation, but not for painting, please get in touch.



Program

Tuesday 6th of June

15.00 - 18.00 Arrival and registration
18.30 Welcome and start of the workshop
19.00 Dinner
20.30 Introduction to Soto-Zen meditation

Wednesday 7th - Saturday 10th of June

07.00 Zazen and ceremony
09.00 Traditional zen breakfast
09.30 Coffee
10.30 Sumi-e
12.45 Lunch
15.00 Sumi-e
18.30 Zazen
20.15 Dinner

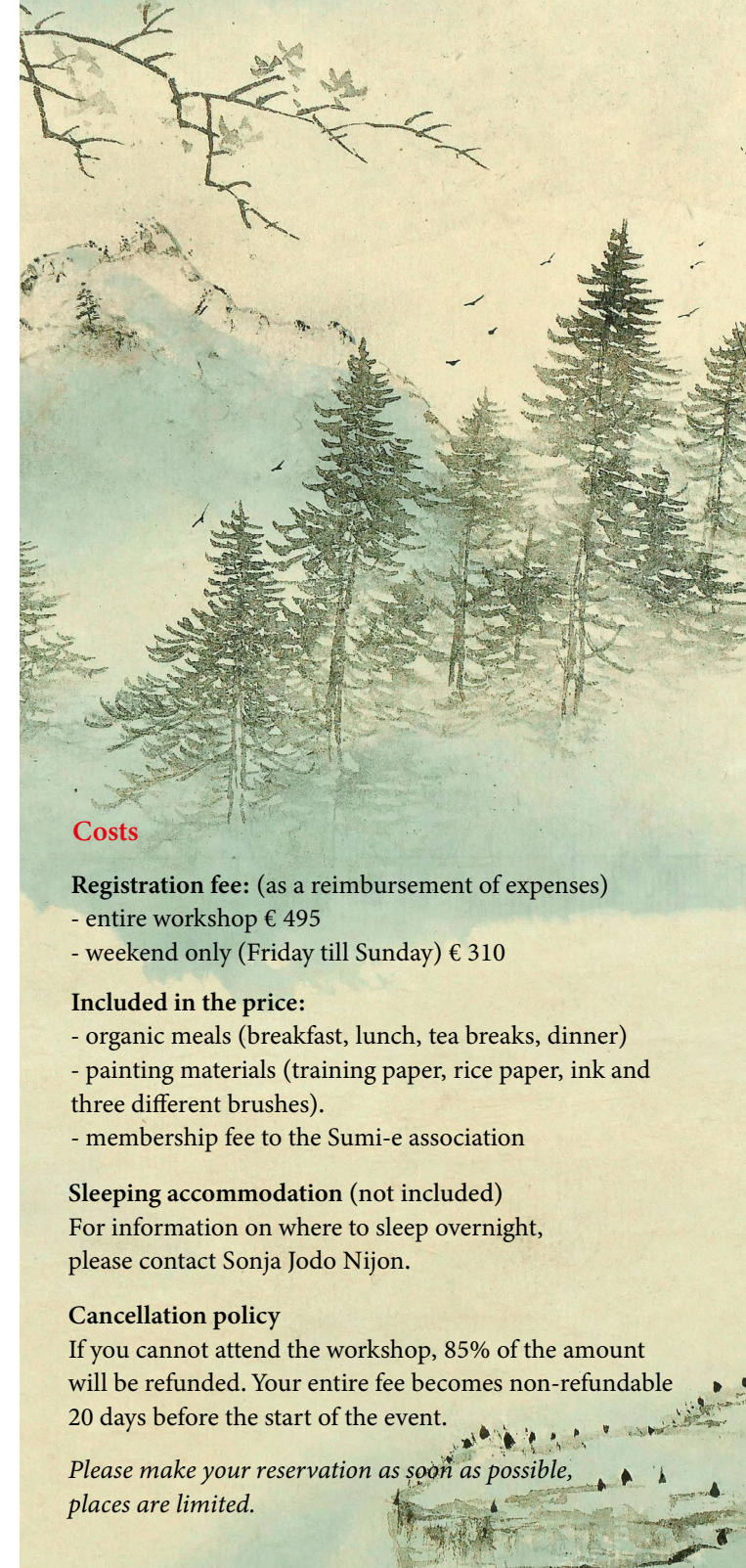


Sunday 11th of June

07.00 Zazen and ceremony
09.00 Traditional zen breakfast
09.30 Coffee
10.00 Packing belongings and tidying up
11.00 Traditional Bodhisattva ordination
13.00 Festive lunch
15.00 End of workshop

The above-mentioned schedule may be subject to changes

N.B: during the workshop, students have the opportunity to contribute to community life by performing simple daily tasks (*samu* in Japanese) such as cutting vegetables, weeding the garden, cleaning, etc. This voluntary work is carried out in a spirit of giving and concentration.



Costs

Registration fee: (as a reimbursement of expenses)

- entire workshop € 495
- weekend only (Friday till Sunday) € 310

Included in the price:

- organic meals (breakfast, lunch, tea breaks, dinner)
- painting materials (training paper, rice paper, ink and three different brushes).
- membership fee to the Sumi-e association

Sleeping accommodation (not included)

For information on where to sleep overnight, please contact Sonja Jodo Nijon.

Cancellation policy

If you cannot attend the workshop, 85% of the amount will be refunded. Your entire fee becomes non-refundable 20 days before the start of the event.

Please make your reservation as soon as possible, places are limited.