

# INTERNATIONAL SCHOOL OF SUMI-E

## OBJECTIVES, COMPETENCIES OF THE ENTIRE CYCLE, TRAINING PROGRAM OF THE YEAR 2020-2021

### I. GENERAL PRESENTATION

Based on Chinese and Japanese artistic practice, the teaching of sumi-e (traditional Japanese Indian ink painting) mobilizes sensitivity while developing methodological and life skills.

It is built on the elements of artistic language: form, space, light, tone, movement, gesture, composition, support, tool, time.

The traditional teaching of sumi-e is based on a transmission of mind to mind, from master to disciple. In a unique approach as far as it knows, the School has built a formalization of the bases of this teaching, in order to acclimatize them to the methods of Western teaching. In order to do so, the sumi-e painting method of the School is composed of a predefined set of progressive models and gestures. The practice of the models and gestures is enlightened by theoretical contributions that explain their cultural roots.

The practice of sumi-e demands simultaneously the highest requirement of reproduction of the models and a total spontaneity. This apparent contradiction is resolved by the intuitive acquisition of a "savoir-être", similar to that developed by meditation. To reinforce this knowledge, the School offers meditation sessions, before and after the practice of sumi-e. These sessions are optional.

### II. TARGET OBJECTIVES AND ELEMENTS OF PROGRESSIVITY

Develop a taste for a regular practice of sumi-e.

Learn to reproduce, assemble, and organize patterns for creative purposes.

Develop intuitive handling of the hand as well as gestural skills through letting go.

Gradually build up a benchmark artistic culture.

Encourage comparisons over time and help each student to perceive his/her progress.

Detach oneself from emotional obstacles and feel only the poetic feeling, the essence of the model.

Learn how to teach sumi-e to beginner level students.

### III. SKILLS WORKED ON

Appropriate the elements of visual arts language.

Choose, organize and mobilize actions and tools according to the effects they produce.

To find one's bearings in the stages of the production of a sumi-e painting, anticipate the possible difficulties.

Observe and accept one's emotions and feelings, listen to and respect those of others, develop a sense of self.

Describe sumi-e paintings; propose a reasoned personal understanding of them.

### IV. DATES AND TEACHING

- Saturday 17<sup>th</sup> - Sunday 18<sup>th</sup> of October 2020 in Versailles
  - o Practice: Bamboo cane
  - o Theoretical: The 4 treasures of the Scholar
- Saturday 7<sup>th</sup> - Sunday 8<sup>th</sup> of November 2020 in Versailles
  - o Practice: Bamboo branches
  - o Theory: The role of emptiness in painting (according to François Cheng)
- Saturday 5<sup>th</sup> - Sunday 6<sup>th</sup> of December 2020 in Versailles
  - o Practice: Bamboo leaves
- Saturday 16<sup>th</sup> - Sunday 17<sup>th</sup> of January 2021 in Versailles
  - o Practice: Complete bamboos
  - o Theory: Reading of Chinese painting
- Wednesday 13<sup>th</sup> - Monday 14<sup>th</sup> of February 2021 in Versailles
  - o Practice: Bamboo compositions
- Wednesday 24<sup>th</sup> - Monday 28<sup>th</sup> of April 2021 in Versailles
  - o Practice: Bamboo compositions
- Saturday 29<sup>th</sup> - Sunday 30<sup>th</sup> of May 2021 in Versailles
  - o Practice: Complete bamboos
  - o Theory: Movement in painting
- Tuesday 24<sup>th</sup> - Sunday 29<sup>th</sup> of August 2021 in Lanau - 15260 Neuvéglise (France)
  - o Practice: Bamboo compositions
  - o Exam

### V. SCHEDULES

First day of the weekend seminars, Saturday:

- 6:45 Welcome of the participants in the meditation
- 7:00 Meditation (optional)
- 8:15 End of meditation
- 8:30 Breakfast / Welcome of participants
- 9:30 Sumi-e practice
- 12:45 Lunch
- 14:45 Practice of sumi-e

- 16:45 End of practice
- 17:00 Cleaning of equipment
- 17:15 Workshop-conference
- 18:15 End of the conference
- 18:30 Meditation (optional)
- 19:45 End of meditation
- 20:00 End of the day

Second day of the weekend seminars, Sunday:

- 6:45 Welcome of the participants in the meditation
- 7:00 Meditation (optional)
- 8:15 End of meditation
- 8:30 Breakfast / Welcome of participants
- 9:30 am Sumi-e practice
- 13:00 Lunch
- 15:00 Practice of sumi-e
- 18:00 End of practice
- 18:15 Cleaning of equipment
- 18:30 Meditation (optional)
- 19:45 End of meditation
- 20:00 End of the day

First day of the long seminars:

- 15:00 – 18:00 Arrival and registration
- 18:30 Welcome and start of the workshop
- 19:00 Dinner
- 20:30 Introduction to Soto-Zen meditation

Intermediate day of the long seminars:

- 07:00 Meditation and ceremony
- 09:00 Traditional Zen breakfast
- 09:30 Coffee
- 10:00 Practice of sumi-e
- 12:30 Lunch
- 15:00 Practice of Sumi-e
- 18:30 Meditation
- 20:15 Dinner

Last day of the long seminars, half day:

- 07:00 Meditation and ceremony
- 09:00 Traditional Zen breakfast
- 09:30 Coffee
- 10:00 Practice of sumi-e

- 12:30 Lunch
- 15:00 End of workshop

## **VI. ACCESSIBILITY FOR PEOPLE WITH DISABILITIES**

Unfortunately, the premises used this year are not accessible to people with disabilities.