INTERNATIONAL SCHOOL OF SUMI-E

OVERVIEW

The School teaches the sumi-e painting method of the internationally recognized Master **Beppe Mokuza** *(see a short biography of teachers on page 4)*. Sumi-e is the traditional Japanese ink painting; the Japanese word "sumi" means black ink, and "e" means painting. *(See "What is sumi-e" on page 2)*.

The School is open to everybody; it is particularly intended for people who wish to become sumi-e **teachers**, to those who seek to **deepen** their personal practice, to artists who desire to acquire new **skills**, in a 4 year long curriculum.

The school also welcomes all people who wish to practice in a **leisure** perspective, including beginners in sumi-e and Visual Arts.

The **teaching** is given during **seminars**, which represent up to more than 500 hours a year *(see the detailed program on page 2)*. The practice is based on a set of models designed specifically for progression over the duration of the curriculum. A cycle of theoretical courses allows approaching all the roots of sumi-e: historical, philosophical, cultural ... as well as technical points.

Leisure time participants can register for a **fraction** of each seminar, either 1 to 6 half-days of their choice, or the weekend, within the time frame of each seminar.

To take into account the remoteness of the trainees, school year 2021-2022 favors long seminar formats, and to facilitate the integration of training into personal life, trainees can choose the workshop they attend among those offered. **Training credits** are allocated for each course attended; the end-of-year exam can be taken when the accumulated credits correspond to the set of required skills. The duration of training is therefore individualized.

As the program is common to all students, while everyone is at a very different point in his/her path, an **individual support** program is part of the curriculum, to support the effort of personal practice between two seminars (see the individual support program). 30 hours per year of follow-up are allocated to each student.

Despite the specificities described above, the seminars are open to everybody. As an unregistered student, it is possible to attend only part of the seminars *(see prices on page 3)*.

What Is Sumi-e?

"From a Chinese origin, this method of China ink painting called sumi-e was introduced in Japan by Zen monks more than five centuries ago. With a simple brush, an ink bar, an inkstone and rice paper, we focus our attention on the present moment. We let go of our thoughts, we eliminate the tensions of the body, thanks to a good posture and a correct breathing. This way of painting can unveil the creativity of who is practicing it, making him/her more sensitive, more attentive and more harmonious in the acceptance of oneself, of others as well as of one's own difficulties; also putting in touch with the source of life that resides in oneself. Students work together in harmony and concentration, in a calm and quiet atmosphere. There is no competition for a result; it is a work of patience that aims to refine the sensitivity of each, to reach a defined characteristic of its own expressive mode and the fluidity of the gesture, as if producing a flower, a rock, a bamboo emanated almost naturally from our own body." (After Beppe Mokuza)

Program 2021-2022

Wednesday 22nd - Sunday 26th of September 2021, with A. Plaignaud, in Versailles
Friday 15th - Sunday 17th of October 2021, with A. Plaignaud, in Versailles
Saturday 23rd - Wednesday 27th of October 2021, with B. Mokuza, "Esprit du Geste", AZI
Friday 12th - Sunday 14th of November 2021, with A. Plaignaud, in Versailles
Saturday 20th - Sunday 28th of November 2021, with B. Mokuza, in Farigliano (Italy CN)
Wednesday 15th - Sunday 19th of December 2021, with A. Plaignaud, in Versailles
Wednesday 19 - Sunday 23 January 2022, with A. Plaignaud, in Versailles
Saturday 5 - Monday 7 February 2022, with A. Plaignaud, in Versailles
Saturday 12 - Wednesday 16 February 2022, with B. Mokuza, Doigts d'Or, AZI
Saturday 5 - Monday 7 March 2022, with A. Plaignaud, in Versailles
Saturday 12 - Sunday 13 March 2022, with B. Mokuza, in Rians (France)
Saturday 8 - Sunday 9 April 2022, with B. Mokuza, in Bergen (NL)
Saturday 16 - Sunday 17 April 2022, with B. Mokuza, in Nijmegen (NL)
Wednesday 20 - Sunday 24 April 2022, with A. Plaignaud, in Versailles
Friday 6 - Sunday 8 May 2022, with A. Plaignaud in Versailles
Saturday 14 - Sunday 22 May 2022, with B. Mokuza, in Farigliano (Italy CN)
Tuesday 7 - Sunday 12 June 2022, with B. Mokuza, in Katwijk aan Zee (NL)
Friday 24 - Sunday 26 June 2022, with A. Plaignaud, in Versailles
Saturday 20 - Sunday 27 August 2022, with B. Mokuza, in Lanau Neuvéglise (France)

Classes are given in French, English and Italian.

Useful Information

Workshop locations:
Versailles : 2 T rue de Savoie, 78000 Versailles, France
Farigliano : Agriostello delle Langhe, Località Spinardi 46/a, Farigliano 12060 (CN), Italie
AZI : Temple Zen de la Gendronnière, 41120 Valaire
Rians : Maison Saint Maurin, 83560 Rians
Nijmegen : De Ruyterstraat 65, Nijmegen, 6512 GB, Pays-Bas
Katwijk : Zuidduinseweg 7, Katwijk aan Zee, 2225 JS, Pays-Bas

Registration Details

As a prerequisite to attending the complete course, it is asked to provide a motivation letter and to have a meeting with Beppe Mokuza Signoritti and Alain Plaignaud, respectively Honorary President and President of the School.

The delay for accessing the training is given by the closest seminar date following registration, which is suitable for the trainee and which offers an available place. Any training cursus can start at any seminar in the program, thanks to the individualization of the training.

The School strives to include all persons in its activities, in accordance with the French law of February 11, 2005 for “equal rights and opportunities, participation and citizenship of persons with disabilities”.
The main types of deficits that can create a situation of disability, either incompatible or compensable, are described in the documents "Detailed program" available on the website and "Trainee's welcome booklet" available on request.
An interview prior to registration, conducted by the disability advisor, allows for a methodical approach to the various situations encountered during the activities, where the person could be disabled. At the end of the interview, a decision is taken on the feasibility of compensation or environmental adaptation in coordination with the pedagogical and logistic teams.

An attestation signed by the legal representatives is required for minors.

Reading the Rules of Procedures and signing the Terms of Sales is required for all the participants.

Price

The amount for the year 2021-2022 is € 2,400. The payment conditions are described in the Rules of Procedures, in particular the possibilities of payment by installments.

For free listeners, the cost of the courses is € 450 for 5 days in Versailles, € 870 for 9 days in Farigliano.

The sumi-e workshops at the Zen Temple of Gendronnière are organized by the AZI and are indicated as simple opportunities for additional individual practice.

About Us

the School is a non-profit association and our Mission is to promote teaching and practicing traditional Japanese painting (sumi-e), according to the method of sumi-e Master Beppe Mokuza.

Teachers

Beppe Mokuza

School Honorary President.

Beppe Mokuza Signoritti is a Zen monk belonging to the tradition of Soto Zen Buddhism; he is a disciple of Zen Master Roland Yuno Rech. He is the founder and responsible of the Zen Dojo "Bodai Dojo" located in Alba, north Italy. For almost thirty years he has been dedicating himself to Sumi-e and the practice of Zen meditation, exhibiting his works, holding conferences and practical demonstrations throughout Europe. Since the beginning of his spiritual path, Beppe Mokuza combines the practice of Zen with Sumi-e.
To discover Beppe Mokuza: : http://sumi-e.co.uk

Alain Keigyo Plaignaud

School President

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Alain Plaignaud has been practicing Zen meditation since 2007 and met Beppe Mokuza on this occasion in 2013. In 2017, he interrupts his engineering career to fully devote himself to the practice of sumi-e and Zen meditation.

For More Information

For more information, in particular on the Rules of Procedure and the General Conditions of Sale, please refer to the School's website: https://ecole.sumi-e.fr/?lang=en or send an email to: ecole@sumi-e.fr